

PALM BEACH COTTAGES & GARDENS

Destination: Spa

WHEN YOU FEEL THE NEED TO UNWIND AND REJUVENATE, THESE LUXURIOUS SPAS AND RESORTS CAN REPLENISH YOUR BODY, MIND AND SPIRIT WITH CUSTOM TREATMENTS AND SERVICES | BY ISABELLE KELLOGG

The Carneros Inn

Napa, California

Tucked amidst the vineyards of Napa Valley in Northern California, The Carneros Inn offers stunning vistas and myriad treatments that come from the resort's surroundings. The serene guest cottages and suites are equipped with a wood-burning fireplace, private patio, alfresco shower, heated bathroom floors and a landscaped garden. Agriculture plays a key role in every aspect of the spa, where treatments fall into five categories and incorporate elements from the Carneros region: The Harvests, The Farms, The Cellars, The Minerals and The Creeks. Herbs, fruits, flowers, goat butter, grapes and grape seeds, gems and stones, as well as massages can be enjoyed at the prairie style spa facility or in the privacy of the guest villas. Other amenities include a swimming pool, rosemary-infused steam room, crescent shaped hot pool and a dry sauna.

